



2026

INFORMATION PACK





Important Dates

Dance Terms

Term 1 - Feb 2nd - April 3rd (9 Weeks)

Term 2 - April 19th - July 3rd (11 Weeks)

Term 3 - July 19th - September 25th (10 Weeks)

Term 4 - October 11th - December 10th (9 Weeks)

End of Year Rehearsals - FRIDAY 11TH December

- Troupe - 12pm - 3pm

Recreational

- Minis - 3:30 - 4:30pm
- Over 5s - 4:30pm - 6:30pm

End of Year Concert - SATURDAY 12TH December

- 9:30am - 10:30am - Mini's Concert
- 1:00pm - 3:00pm - Recreational Concert
- 6:00 - 8:45pm - Troupe Concert

CLASSES

PRE-SCHOOL CLASSES

Mini Ballerinas

A fun and gentle introduction to ballet for young dancers. This 30-minute class builds coordination, confidence, and creativity through basic ballet movements, music, and imaginative play in a supportive environment. 🎶

Mini Acrobatics

A fun and energetic class introducing young dancers to basic acrobatic skills such as rolls, balances, Handstands, Cartwheels and simple stretches. This class helps develop strength, flexibility, coordination, and confidence in a safe and supportive environment. 🤸🏻♀️

Ready Set Dance

Ready Set Dance is a fun, pre-school dance program designed for young children to build confidence, coordination, and creativity. This professionally developed program combines dance, music, and age-appropriate movement while also supporting the development of motor skills, musicality, and classroom confidence in a safe and engaging environment.

Mini Cheer Leading

Mini Cheerleading (Ages 3–5)

A high-energy and fun class introducing young children to cheerleading through basic motions, jumps, dance, and simple stunts. Mini Cheer helps build confidence, coordination, teamwork, and enthusiasm in a supportive and encouraging environment. 🗣️

DANCE COMBINATION CLASSES

Our Dance Combo class is a great introduction to dance, giving students the chance to learn and explore multiple dance styles in one class. Dancers will try a variety of genres while building coordination, musicality, and confidence—perfect for discovering which styles they enjoy most. 🌟👯

Classes AVAILABLE

- Little combo - 5-7 years (45MIN)
- Junior combo - 7-9 years (45MIN)
- Primary Combo - 9-12 years (1 HOUR)
- Pre-teen combo - 12-15 years (1 HOUR)

CLASSES

ACROBATIC, AERIAL SILKS AND CIRCUS CLASSES

Acrobatics

Our Acrobatic class focuses on developing strength, flexibility, balance, and control while teaching both basic and more advanced acrobatic skills. Students progress safely through age- and level-appropriate exercises in a supportive environment, building strong technique and confidence. 🤸♂️

Aerial Silks

Aerial Silks is an exciting class that builds strength, flexibility, and confidence while learning skills on suspended fabric. Students are taught safe techniques, climbs, wraps, and poses in a supportive environment, with progress suited to their level and ability.

Circus Class

Our Circus class is a fun and dynamic combination of acrobatics and aerial silks. Students spend 30 minutes learning acrobatic skills on the floor and 30 minutes developing strength, flexibility, and technique on the silks, creating a well-rounded and exciting introduction to circus arts. 🎪

OTHER CLASSES

Balletics

Balletics is a technique-focused class combining ballet foundations with strength, stretch, and flexibility training. Designed to improve posture, control, and overall technique, this class supports dancers of all styles by building strong, flexible bodies and refined movement quality. 🩰

Bboys

Our B-Boy class is a high-energy session designed for boys to explore hip-hop, breakdancing techniques, and acrobatic moves. This 45-minute class builds strength, coordination, rhythm, and confidence while having fun and learning impressive floor skills. 🕺💥

Private Lesson

A one-on-one session with a teacher, tailored to the student's individual goals and skill level. Perfect for focused technique work, personalized feedback, and accelerated progress in a supportive and attentive environment. 🩰

TROUPE PROGRAM

Our Troupe Program is for dedicated dancers who want to take their skills to the next level. Students must audition for selection, and if chosen, will participate in 5 or 6 dance competitions throughout the year across NSW.

Troupe classes are compulsory, and students must also attend Balletics to participate in Troupe dance classes. Full availability for all competitions is required. Dancers are expected to wear the studio uniform to classes and have all the correct shoes for their dance style.

We expect our students to see this as a privilege, to come to class knowing their routines, with hair tied back and wearing the correct uniform.

This program offers a focused, team-oriented environment to develop performance skills, technique, and confidence. 🥰✨

Troupe Competition Dates - TBC

May - 30th & 31st - Rooty Hill West HQ - EBSDN

June - 4th June - Shoalhaven Entertainment Centre - Infinity Dance

July - 18th & 19th - Frensham Mittagong - Carnival Dance Challenge

August - 9th OR 15th - Campbelltown Town Hall - Dance Blitz

September - 26th & 27th - Ulladulla - EBSDN

November - ? TBC

Select Classes will have an * on the timetable



TIMETABLE

Empire 2026

MONDAYS

STUDIO 1

3:30 - Under 5s Team * *

4:30pm - 12s Balletics

5:20 - Snack & Change

5:30 - 6:45pm - 12s Troupe *

STUDIO 2

Private Classes

10s Troupe - 3:30pm to 5:45pm
12s Troupe - 4:30pm to 6:45pm
Ladies Class - 6pm

STUDIO 3

3:30pm - 10s Balletics

4:20pm - Snack & Change

4:30pm - 10s Troupe *

6:00-6:45pm - Ladies Class

TIMETABLE

Empire 2026

TUESDAYS

STUDIO 1

10:30am
Ready Set Dance

3:30pm
Ready Set Dance

4:15- Acrobatics

5:30 - Senior Balletics

STUDIO 2

Private Classes

STUDIO 3

3:30pm - 8s Balletics

* *
4:20pm - Snack & Change

4:30pm-8s Troupe *

6:00 - Senior Troupe

- 10:30- RSD
- 3:30 - RSD
- 4:15 - Acrobatics
- 3:30 - Private
- 4:00 - Private
- 4:30 - Private
- 3:30 - 8s Balletics
- 4:30 - 8s Troupe
- 5:00 - Senior Balletics
- 6:00 - Senior Troupe

TIMETABLE

Empire 2026

WEDNESDAYS

STUDIO 1

3:45 - Mini Ballet

4:30pm - Junior Skills
Acro & Dance

6:30 - Senior Skills 13+

- 3:30pm - Junior Select
- 3:45pm - Mini Ballet
- 4:30pm - Senior Select
- 4:30pm - Junior Skills
- 5:30pm - Opens Team
- 6:30pm - Senior Skills
- 6:30pm - Ex-Dancers Class
- Private lessons

STUDIO 2

4:00 - Private

4:45 - Aerial Silks

Privates

STUDIO 3

3:30pm - Junior Select

4:30pm - Senior Select

5:30pm - Opens Team
10s & Up

6:30pm - Ex-Dancers
class

7:15pm - Private

TIMETABLE

Empire 2026

THURSDAYS

STUDIO 1

3:30 - Little Acro

4:00 - Jnr CIRCUS Acro

4:30 - Primary CIRCUS
Acro

5:00 - Bboys

STUDIO 2

3:30 - Jnr CIRCUS SILKS

4:00 - Primary CIRCUS
SILKS

4:30 - Mini Silks
5-7s

3:30 - Little Acro
3:30 - Jnr Circus
3:45 - mini combo
4:30 - Primary Circus
4:30 - Junior Combo
4:30 - Mini Silks
5:00 - Bboys
5:15 - Primary Combo
6:00 - Preteen Combo

STUDIO 3

3:45 - Mini Combo
5-7yrs

4:30 - Junior Combo
7-9yrs

5:15 - Primary Combo
9 -12 yrs

6:00 - Pre-Teen Combo
12-15yrs

TIMETABLE

Empire Cheer 2026

FRIDAYS

MORNING - READY SET DANCE

9:00 - Ready Set Dance and Mini Ballet

AFTERNOON - CHEER

3:30pm - Mini Cheer

4:00 - 5:00
Junior cheer

5:00 - 6:00
Competition Cheer

Cheer plans have changed!
Empire Is now offering cheer under our studio with a POWERHOUSE elite staff member. This can be added on to your classes at Empire so you can do everything under one roof with one studio!

What do you need for dance?

From Week One - We want all of our students to have their dance shoes for the year. Shoes are available at Dance Essentials Bowral, Online and sometimes at Big W

COMBO

- Black Jazz shoes
- White sneakers
- Contemporary half shoes
- Empire Uniform

TROUPE

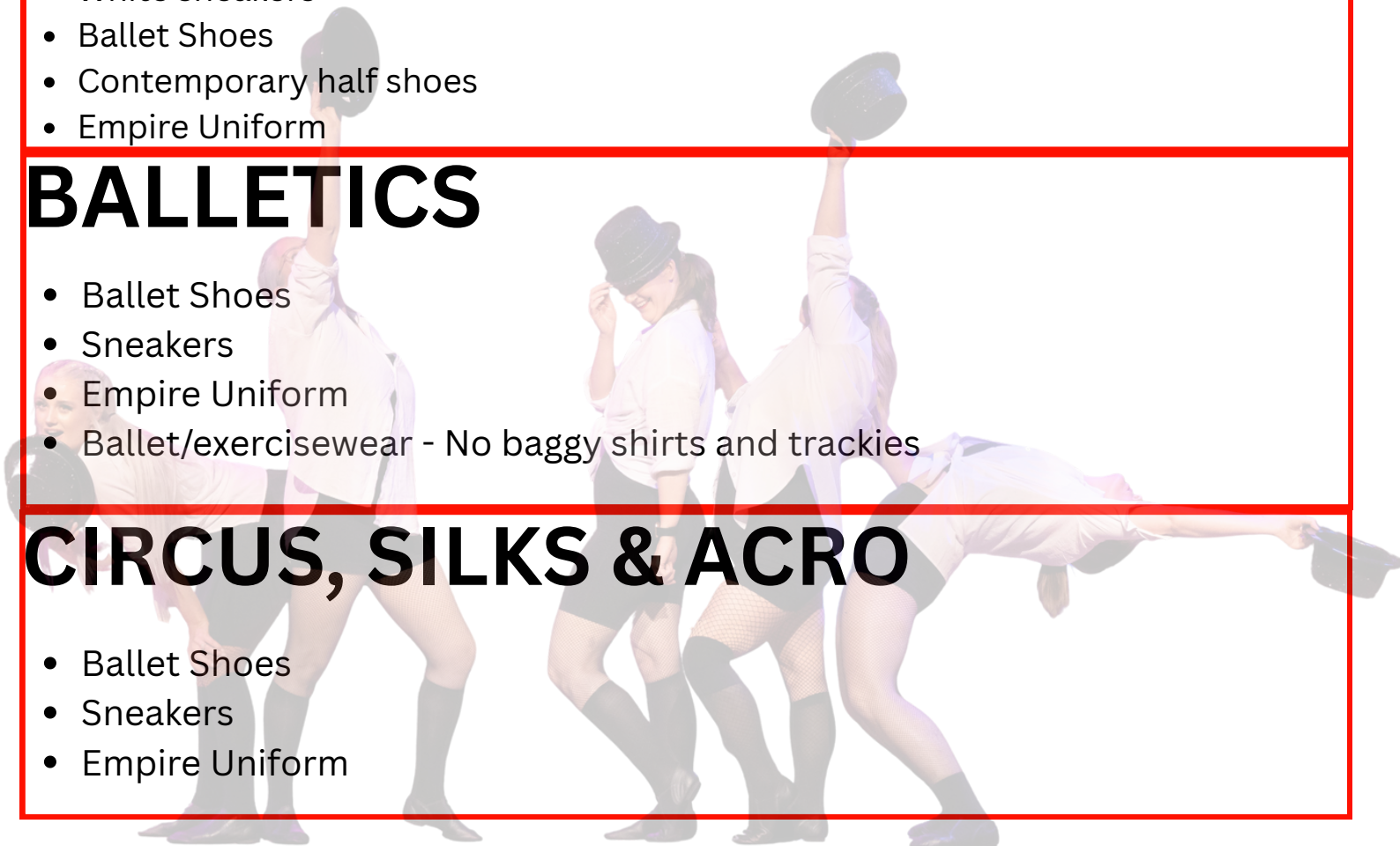
- Black Jazz shoes
- White sneakers
- Ballet Shoes
- Contemporary half shoes
- Empire Uniform

BALLETICS

- Ballet Shoes
- Sneakers
- Empire Uniform
- Ballet/exercisewear - No baggy shirts and trackies

CIRCUS, SILKS & ACRO

- Ballet Shoes
- Sneakers
- Empire Uniform



Changes in 2026!

We are currently in the process of rebranding our business - what we want to represent, what we are striving for and what are our expectations for ourselves and our studio families.

We love that Empire has a community, family feel but we just want to make our space a little less casual and a little more professional.

1. Studio Culture & Expectations

Rule: The studio is a learning and training space.

- Students arrive ready to learn, listen, and participate.
- Respect for teachers, peers, and the space is expected at all times.
- Encouragement and kindness are non-negotiable.

2. Uniform & Presentation Standards

Rule: Correct uniform must be worn to every class.

- Hair neatly secured and appropriate for the style.
- Correct footwear required for each class.

3. Punctuality & Attendance

Rule: Arrive on time and prepared.

- Late arrivals may be asked to observe.
- Consistent attendance is expected, especially for troupe students.
- Absences should be communicated in advance where possible.

4. Parent & Waiting Area Boundaries

Rule: Parents are welcome—but class spaces are for dancers and teachers only.

- No entering studios during class time unless invited.
- Respectful communication at all times.
- All siblings of dancers respect the area while waiting. No running around etc.

6. Communication & Feedback

Rule: All communication remains respectful and professional.

- Questions or concerns go through official channels (email, admin, meetings).
- Feedback is welcomed but handled constructively.

8. Studio Appearance & Care

Rule: Leave the space better than you found it.

- No food or drink in studios (except water).
- Bags neatly stored.
- Students help keep the space tidy.

9. Language & Branding Shift

Rule: Studio language reflects professionalism.

- Teachers model calm, confident leadership.
- Clear boundaries delivered kindly.
- Less “casual favours,” more consistent systems.

10. Community First, Always

Rule: We celebrate effort, growth, and teamwork.

- Every dancer is valued.
- Success is shared.
- Lift each other up

These changes won't change how we treat our lovely dancers, it won't change our fun, loving community spirit but it will create a better environment for our students, staff, parents and our space.

2026 Empire Prices

Ready Set Dance

\$16 class - 45min

30min Classes - \$14 per class

Mini Acro

Ballet

Mini Cheer

45min Classes - \$18 per class

Mini Combo

Aerial Silks

B-boys

Acrobatics

Skills Class

Ex-Dancers Class

1hr Classes - \$22 per class

Other Dance Combos

Circus Class

Junior Cheer and Competition Cheer

Under 5s Troupe

Private Lessons - \$40

30 min private lesson one on one

Packages

Troupe Package

One Troupe Class and one Balletics class weekly - \$55wk

Bronze Package

3 recreational classes a week - e.g Combo, Acro and Silks - \$50 wk

Silver Package

Unlimited Dance, Silks and Acrobatics excl privates - \$70 wk

Gold Package

Unlimited Dance, Silks and Acrobatics and CHEER excl privates - \$80 wk

Payment options

At Empire, we offer two payment options,

- Ezi-Debit Weekly or fortnightly payments - This starts as soon as invoice has been created for you and runs for the 40 weeks straight - through holidays so that it's paid off early.
- Term Invoices - MUST be paid in full by the due date - 2 weeks after sent out! Late fee will be applied if invoice is not paid by due date.

Changes to enrollment

Students may choose to change or “swap” classes during Terms however we do advise that students don't drop the number of classes they attend mid-term i.e. After week 5, as we do not offer refunds or adjust monthly invoices for “change of mind”. Refund policy: The Empire will not provide a refund, with the exception that a class is cancelled (this is unlikely to happen, but may from time to time in the event of a sick teacher and a suitable substitute cannot be found.)

We do not refund for any cancelled troupe classes, as the troupe membership fee is not based on the exact number of classes the student gets per week, but rather the overall commitment, training and experiences provided by our teachers.

Concert Cost

We understand that dancing can be very costly. So, we try keep expenses as low as possible to encourage students to enjoy dance without the financial stresses being off loaded onto parents.

Concert payment will be added onto **Term 1** invoice as we know the end of the year can be expensive.

This concert fee will cover

- Finale shirt \$35
- Concert Video \$30
- Medal for your dancer \$5

This cost will be \$70 per student. Families of more than one dance student will only pay an additional \$40 per child (shirt and medal coverage)

As we look ahead to our 2026 year of dance, we are excited to continue providing a positive, professional, and inspiring environment for all our students. Our studio is built on love, dedication, and a supportive community where every dancer is encouraged to grow, feel confident, and enjoy their journey. We can't wait to share another year of learning, performance, and special moments with you and your family.

Emily and The Empire

